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Google Is a Surveillance Agency — Here's How You Can De-Google Your Life

Google is also a censoring agency with the ability to restrict or block access to websites across the internet, thus deciding what people can and cannot see in order to manipulate public opinion.

By **Dr. Joseph Mercola**

36

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Story at a glance:

- In early April 2020, Mercola.com purposely blocked Google from indexing our articles and breaking news blog posts.
- I encourage you to search every site's privacy policy page to see if they use Google Analytics or Google Ad programs, and if they do, encourage them to stop.
- Nearly every non-major website is using Google's "free" analytics program, as well as their advertising platforms. Alas, those services are not actually free. Ultimately, YOU pay for them with your personal data, as that is the product Google sells. Collectively, all of these sites are stealing an enormous amount of your private information.
- Google's powers pose several threats to society. First of all, it's a surveillance agency with significant yet hidden surveillance powers. It's also a censoring agency with the ability to restrict or block access to websites across the internet, thus deciding what people can and cannot see.
- Google also has the power to manipulate public opinion through search rankings and other means, and the shifts in thinking produced are both rapid and enormous.

In early April 2020, Mercola.com became one of the first websites to purposely block Google from indexing our articles and breaking news blog posts. Most of you are well aware that I've had concerns about the surveillance capitalists, spearheaded by Google, for a number of years.

In September 2017 I discussed Google's partnership with the National Alliance on Mental Illness, and how their depression assessment quiz was in fact a drug promotion scam sponsored by the drug manufacturer Eli Lilly. No matter how you answered the questions, you were a candidate for antidepressants.

Since then, Google and other tech companies have only gotten deeper and wider access to people's personal medical information, and Google's selling of this data to third parties can have real-world consequences. Higher insurance premiums or denial of employment are but two obvious examples.

OGLE HOME
Goopocalypse Now!
IN THE NOT TOO DISTANT FUTURE
THE DRONES OF OGLE WILL FILL THE SKY
AND YOUR PRESCRIPTION
02:36
vimeo

Google blocked from interacting with Mercola.com

Most of you know that in the summer of 2019, Google removed us from coming up in any keyword search unless our name was also typed into the query.

While we still received substantial traffic from people who looked very hard to find Mercola articles through Google, we finally decided to block Google from crawling or indexing any of my articles or breaking news blogs. We also stopped using the Google Analytics program in 2018.

So, everything related to Google has been removed from this site, and I hope other sites will follow suit.

I encourage you to search every site's privacy policy page to see if they use Google Analytics or Google Ad programs, and if they do, encourage them to stop.

We can be successful without surveillance monopolies, and businesses and individuals need to unite to do everything we can to stop their dangerous privacy theft and data mining.

RFK Jr. and Brian Hooker's
New Book: "Vax-Unvax"

ORDER NOW

How you pay for companies' use of 'free' analytics

A majority of websites are using Google's "free" analytics program, as well as their advertising platforms.

Alas, those services are not actually free. Ultimately, YOU pay for them with your personal data, as that is the product Google turns around and sells to third parties.

Collectively, all of these sites are stealing an enormous amount of your private information.

Google and its data-siphoning tentacles reach deep into your everyday life, collecting data on every move you make and conversation you have, whether online or in the real world.

Even if you disable location tracking on your phone, Google has ways to determine your whereabouts by tracking the addresses of nearby cellular towers that your phone connects to instead.

This is one of the reasons I strongly encourage you to ditch all Android phones and use an iPhone that has better privacy policies.

I discussed this in my 2018 article, "Google — One of the Largest Monopolies in the World." That article also includes a list of examples of the type of data collected by Google, whether you're aware of it or not.

Our 'cognitive liberties' are at stake

TED
When technology can read minds, how will we protect our privac...
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As detailed in "Will Google's Social Credit System Determine Your Future?" there are now proposals suggesting all this data, in combination with artificial intelligence (AI) enabled analytics systems could be used for "predictive policing" as illustrated in the 2002 movie "Minority Report," where suspected perpetrators are arrested before a crime is actually committed.

In the 2018 TED Talk below, legal scholar and bioethicist Nita Farahany discusses the potential ramifications of mind-reading technology, warning that such technology could easily lead to "a society where people are arrested for merely thinking about committing a crime."

Mind you, Google claimed to have the ability to read your thoughts an entire decade ago. In 2010, Google CEO Eric Schmidt boasted, "We know where you are. We know where you've been. We can more or less know what you're thinking about."

Fast-forward 10 years, and Google's mind-reading capabilities have exponentially grown and been perfected to the point that their AI can predict the exact moment when a teenager is feeling insecure, lonely or vulnerable so that an advertisement for an image-boosting product can be placed in front of them on the screen in that moment.

This and many other terrifying capabilities are detailed in the book, "The Age of Surveillance Capitalism," written by social psychologist and Harvard professor Shoshana Zuboff.

The video below features an interview I did with her about this topic.

Shoshana Zuboff on surveillance capitalism | VPRO Documentary
VPRO is a Dutch public broadcast service.
Share
Watch on YouTube
documentary

In her TED Talk, Farahany also discusses the dangers of a world in which "private interests sell our brain data."

She believes we, as a global community, need laws protecting our rights to cognitive liberty; laws that protect our freedom of thought and self-determination.

Say goodbye to Google

Over the years, I've grown exceedingly concerned about Google's exponential data mining efforts and infiltration into every conceivable area of our everyday lives, from health care and fitness to education and finance.

The influence of Google is so vast yet so hidden, that most people simply have no idea just how controlled they actually are. Most of us would vehemently deny that something as simple as Google search results can manipulate us into thinking a certain way about a topic, yet research clearly shows that this kind of subliminal influence is profoundly powerful.

Robert Epstein, Ph.D., who has spent the last decade of his professional career exposing Google's manipulative and deceptive practices as a senior research psychologist for the American Institute of Behavioral Research and Technology, has also demonstrated how easily Google can shift our political and societal landscape.

Without Google, the technocrats' dream of a One World Government would likely never happen, as it relies on social engineering and AI. Google is a frontrunner and expert in both and has the ability to control entire populations.

As noted by Epstein in the interview above, Google poses three unique threats to society:

They're a surveillance agency with significant yet hidden surveillance powers — Google Search, Google Wallet, Google Docs, Gmail, Google Drive and YouTube — all are surveillance platforms and from Google's perspective, the value of these platforms is their ability to glean very precise data about you as an individual.

Most of these platforms offer free services for the simple reason that YOU are the product being sold to third parties.

They're a censoring agency with the ability to restrict or block access to websites across the internet, thus deciding what people can and cannot see. While Section 230 of the 1996 Communications Decency Act makes free speech possible for everyone, it also allows Google and other online platforms to filter out and censor whatever they want.

The most crushing problem with this kind of internet censorship is that you don't know what you don't know. If a certain type of information is removed from a search, and you don't know it should exist somewhere, you'll never go looking for it.

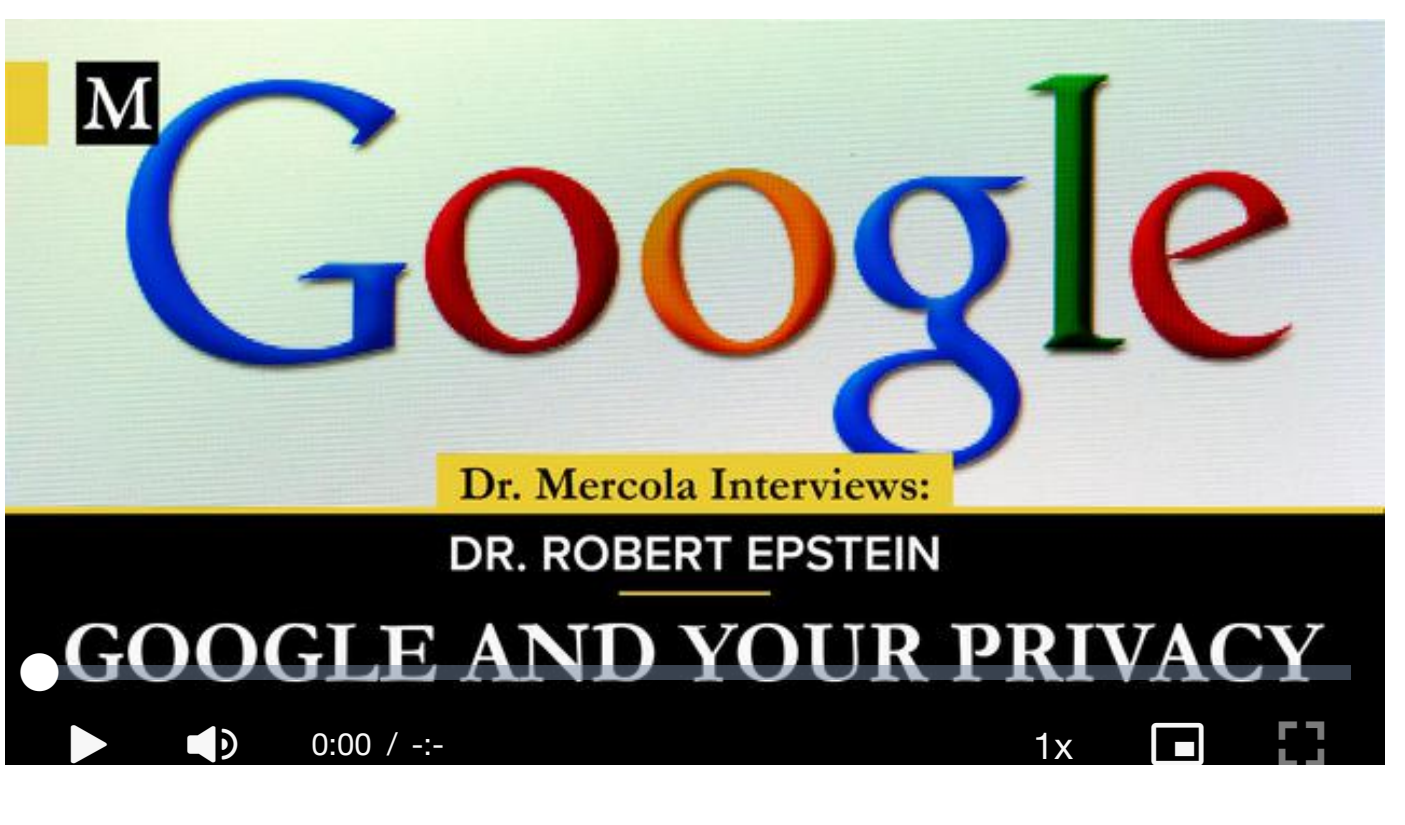
And, when searching for information online, how would you know that certain websites or pages have been removed from the search results in the first place? The answer is, you don't.

For example, Google has been investing in DNA repositories for quite a long time and is adding DNA information to our profiles.

According to Epstein, Google has taken over the national DNA repository, but articles about that — which he has cited in his own writings — have all vanished.

They have the power to manipulate public opinion through search rankings and other means, and the shifts in thinking produced are both rapid and enormous.

For example, Epstein has demonstrated that Google has the ability to shift voting preferences among undecided voters by a whopping 48% to 63%, and the power to determine 25% of global elections. What's more, this manipulation is entirely undetectable and untraceable.



The many reasons to ditch Google

As a user, there are many reasons to de-Google your life, including the following:

Privacy concerns — Google's services, including search, email and maps, collect vast amounts of personal data, which can include browsing history, location data and more.

This collection is integral to their business model, which focuses on targeted advertising.

Other privacy concerns include the following:

- **Tracking of your whereabouts 24/7 —** In 2022, four attorneys general sued Google for its deceptive practices in collecting location data, as they continue to track location data even after users disable location tracking. By tracking your Google calendar entries, combined with your location data, Google also knows what events you've attended, when and for how long.
- **Your built-in webcam on your phone, tablet, laptop or computer** can also be accessed by various apps.
- **A lifetime of photographic evidence —** Twenty years ago, photos were a private matter, reminisced over in photo albums and displayed around the home. Today, people's lives are on public display online and Google captures it all. When combined with facial recognition software and other technological identification applications, including metadata detailing the time and place of each snap, your photos are a treasure trove of private information.
- **A lifetime of communications —** Google also has every single Gmail email you've ever sent, received and deleted.
- Censoring your email — Google can also censor your email, and we have evidence that this is happening. While about 50% of our subscribers are using Gmail accounts, the delivery rate for Gmail accounts is HALF of all the email providers like ProtonMail — far lower than any other email service. So, if you are using Gmail to receive our newsletter please change it immediately. If you're using Gmail, understand that they're censoring your inbox, and you might not even realize it.
- **Deleted files and information —** You probably delete files and information every now and then for the sake of safety, right? You might decide to delete that list of passwords from your phone, for example, in case you lose it or it gets hacked. Well, Google still has all of that information.

Market dominance and monopolistic behavior — Google's dominant position in search, video hosting (via YouTube), and mobile operating systems (via Android) stifles competition, potentially leading to less innovation and choice for consumers.

Data security — Although Google claims to have strong security measures, no service is immune to data breaches or security flaws. Considering the vast amount of personal data collected by Google, a data breach could be potentially devastating.

Echo chamber and filter bubble effects — Google's personalized search and news results can create a "filter bubble," where users are more likely to see information that aligns with their past behavior, potentially limiting exposure to differing viewpoints and leading to an echo chamber effect.

Dependence and data lock-in — Relying heavily on Google's ecosystem can lead to a form of lock-in, where moving to other services becomes difficult due to the vast amounts of data and integration within Google's services. To avoid this, diversify your service providers.

The coming social credit system — The ability to surveil and track every conceivable metric, censor and block access to information, and the ability to manipulate opinions also makes Google an invaluable resource for the planned social credit system, and the more information they have on you, the easier they can manipulate you.

"The Wuhan Cover-Up"
by Robert F. Kennedy Jr.

ORDER NOW

Here's how you can say goodbye to Google today

If you are at all concerned about Google's data theft practices, then it's time you stop using Google services. Sure, Google has convenience covered, but it's not enough to overshadow its many evils.

If you're ready to protect your privacy and break free from the manipulation of internet monopolies, here are some basic steps you can take. Also, be sure to share these tips with your family and friends.

- **Swap out your browser —** Uninstall Google Chrome and use Brave or Opera instead. Everything you do on Chrome is surveilled, including keystrokes and every webpage you've ever visited. Brave is a great alternative that takes privacy seriously.
- **Switch your search engine —** Stop using Google search engines or any extension of Google, such as Bing or Yahoo, both of which draw search results from Google. Instead, use a default search engine that offers privacy, such as Presearch, Startpage, DuckDuckGo, Qwant and many others.
- **Use a secure email —** Close your Gmail account and switch to a secure email service like ProtonMail. If you have children, don't transfer their student Google account into a personal account once they're out of school.
- **Switch to a secure document-sharing service —** Ditch Google Docs and use another alternative such as Zoho Office, Etherpad, CryptPad, OnlyOffice or Nuclino, all of which are recommended by NordVPN.
- Delete all Google apps from your phone and purge Google hardware. Better yet, get a de-Googled phone. Several companies now offer them, including Above Phone.
- **Avoid websites that use Google Analytics —** To do that, you'll need to check the website's privacy policy and search for "Google." Websites are required to disclose if they use a third-party surveillance tool. If they use Google Analytics, ask them to switch!
- **Use a secure messaging system —** To keep your private communications private, use a messaging tool that provides end-to-end encryption, such as Signal.
- **Use a virtual private network (VPN) such as NordVPN or Strong VPN —** This is a must if you seek to preserve your online privacy.
- **Don't use Google Home devices in your house or apartment —** These devices record everything that occurs in your home, both speech and sounds such as brushing your teeth and boiling water, even when they appear to be inactive, and send that information back to Google. The same goes for Google's home thermostat Nest and Amazon's Alexa.
- **Don't use an Android cellphone**, as it's owned by Google.
- **Ditch Siri**, which draws all its answers from Google.
- **Don't use Fitbit**, as it was recently purchased by Google and will provide them with all your physiological information and activity levels, in addition to everything else that Google already has on you.

Originally published by Mercola.

The views and opinions expressed in this article are those of the authors and do not necessarily reflect the views of Children's Health Defense.

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Dr. Joseph Mercola
Dr. Joseph Mercola is the founder of Mercola.com.

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LOG IN WITH OR SIGN UP WITH DISQUS ?

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♡ 2 • Share Best Newest Oldest

mcwinaz
a month ago

DuckDuckGo has already been compromised. Don't use it. Surprised Mercola is recommending them.

7 0 Reply

acurrier ↗ mcwinaz
20 days ago

Can you point us to evidence that DuckDuckGo is not safe to use anymore?

0 0 Reply

Beatrice ↗ mcwinaz
a month ago

Thanks for that info!

0 0 Reply

simajima
a month ago

Google just keeps getting worse and worse. If you complain, they double down and get even worse. Last thing you want to do is a Google Search. It is a wasted effort if it is one bit political.

6 0 Reply

I_P_Frehley ↗ simajima
a month ago

Apple is not any better, maybe not worse but a different kind of bad. I miss my windows phone ;)

0 0 Reply

CE SJ
a month ago

Received my first "Ban" from Dr. Joe Mercola website from which I have been a member for 24 years...I replied to a response from alternatives to antibiotic use article in which another person had wonderful results from using colloidal silver, even better with chlorine dioxide, and he also noted hydrogen peroxide inhaled in mist form...my simple reply was giving a big thumbs up on "The Universal Antidote" chlorine dioxide and noting its a shame this super cheap, extremely effective, non harmful cure to 95% of mankind's diseases wasn't more transparently mentioned on alternative/proactive health sites...apparently my response violated his new comment policy and I was banned for a day and warned subsequent violations will be for a week, a month, 3-months, 6-months, one year, and permanently thereafter...

...I unsubscribed permanently the following day, I had already had enough of his wishy-washy nutritional advice that now proclaims he optimally believes 400 grams of carbs and less than 30% of fat in the diet is optimal as Ray Peat proclaims and another turncoat Dr Paul Saladino aka the Carnivore MD has been pushing of late in which as a proactive nutritionist for the past 20 years I believe is simply going to lead to the detriment of metabolic health for all who follow such advice. That I was "banned" for my honest and simple agreement with a published reply truly showed me "Mr. Disinformation Dozen" is more about his income from selling needless supplements (same with Saladino and his powdered organ meats) and less about what works and what doesn't regarding "disease"...namely nutrient deficiency from a proper diet and toxicity which can be eliminated by various oxidative therapies that are cheap, non harmful, and extremely efficacious.

5 0 Reply

Ricky Ricardo ↗ CE SJ
a month ago

After a number of "Temporary Bans" and disappearing posts, I also unsubscribed. I always posted good information and good links.

2 0 Reply

BethC ↗ Ricky Ricardo
a month ago

This happened to me, too, after posting a helpful and relevant comment. My hunch is that Mercola's site has been hacked and is sending out these automated messages to many of the commenters, regardless of the fact that they are submitting respectful, relevant comments. I hope the IT staff there get on top of this and send out apologies as soon as possible.

2 1 Reply

BethC ↗ BethC
22 days ago

UPDATE: Dr Mercola's website, mercola.com, had a notice at the top that the site was being detoxed. This confirms my suspicions that it was compromised for a time and is being addressed.
Perhaps it was a hacking organization that accessed a staff administrator's account, making people's relevant and respectful comments disappear instantly (obviously without any moderator's evaluation) and then sending them strange, threatening emails about being banned. The cabal will stop at nothing, and in this case, it seemed to be a brilliantly-deployed, malevolent master stroke to alienate his readers, stifle discussion, and diminish his following. I would guess that an explanation will be forthcoming, and hopefully many people who fled will gain an understanding of what happened and resubscribe.

0 0 Reply

Johny Bravo ↗ CE SJ
a month ago

Some of the recommended workarounds to the supposed "de-googling" he recommends make zero sense. For instance the search engine "Presearch" he recommends, openly shows the search providers for its results and two of them are Google and Youtube. On the home page of "The Brave" browser

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the graphic of the actual browser has 3 Google apps in the top left section as seemingly being installed as plugins. That should tell you something. The "Above" phone, all of them actually are Pixel phones manufactured by Google. The OS is different but come on, Google must be aware who they are selling those to and for what purpose. Correct me if I'm wrong...
And now here on this site, I can sign in with my Google or X account? This is laughable.
The only way to de-google oneself is to go old school. Off the tech grid. No other way
for the regular Joe.

👍 0 👎 0 Reply

Ricky Ricardo
a month ago

I'm wondering why Brave search wasn't mentioned. Forget about "privacy". It's already too late! There are millions (billions?) of oblivious people who are 100% addicted to their "smart" devices. I bet Google even knows when they use the restroom at the mall!
Soon, the Digital I.D. and Digital Currency will begin to roll out and humanity will have a lot more than privacy to worry about!

👍 4 👎 0 Reply

acurrier → Ricky Ricardo
20 days ago edited

Brave is listed in this article 👍 And another Mercola article was the reason I switched from Chrome to Brave

👍 1 👎 0 Reply

Beatrice
a month ago edited

It was Dr. Mercola who boasted about how great Goliath was back in 08 or so and I installed Chrome and got gmail etc.. I'm not blaming him but just mentioning this because it shows how naive any of us can be. It wasn't long before I realized how dangerous Goliath was and I de-goliathed everything by 2012. My only contact with them now is through utube (though no account) and other people who use their gmail and I've reached a point where I won't correspond with anyone who uses it. I try to be polite about asking them to please contact me using another email. My gosh, if it's that difficult to get a new email in order to be safe and preserve privacy then we are all going down on this sinking ship thanks to these people. Only two or 3 years ago, goliath tried to trick me into responding to a fake reply to an old email I had written many years before to a friend. The email asked, " are you still there?" and of course I knew it wasn't my friend responding that many years later. It was G wondering where I had gone and if I was still alive.

All these devices need constant maintenance and I got tired of wasting hours, days and weeks of my life trying to find new search engines, browsers, email etc...and I think others are feeling the same way. It's exhausting and stressful. I used to spend 30 minutes deleting texts and emails every morning. I'm also tired of microsoft forcing updates and adding content to my computer that I can't consent to. Isn't that rape? I've returned to pen and

see more

👍 3 👎 0 Reply

BethC → Beatrice
a month ago

This happened to me, too, after posting a helpful and relevant comment. My hunch is that Mercola's site has been hacked and is sending out these automated messages to many of the commenters, regardless of the fact that they are submitting respectful, relevant comments. I hope the IT staff there get on top of this and send out apologies as soon as possible.

👍 1 👎 0 Reply

Ricky Ricardo
a month ago edited

I use a number of different search engines and no matter which one I use - the "Fact Checkers" are all over it! Let's not forget who created the internet - DARPA! I'm sure that they could take it down, just as easily as they put it up.

👍 3 👎 0 Reply

Beatrice → Ricky Ricardo
a month ago

I wish they would take it down.

👍 2 👎 0 Reply

Ricky Ricardo → Beatrice
a month ago

They will - when they can't suppress the truth anymore! Or...they could create an Internet I.D. for everyone and simply ban anyone who dares to tell the truth.

👍 2 👎 0 Reply

Beatrice → Ricky Ricardo
a month ago

I'm sure the ID will be required. They are already forcing people to identify themselves with those layered authentications and text messages which are so ridiculous and don't confirm anyone's identity. They only do it to mine data and hold the owner of the device on that IP address accountable should a crime be committed. One of my bank cards is always telling me that they are having trouble contacting me even though they send me emails almost every day. Anytime I want to check my account, they ask me to update my email with them and they make me enter it twice. Why not be transparent and just tell me why I have to do that instead of pretending that the email they have on file doesn't work?

👍 1 👎 0 Reply

NoName4U
a month ago

DuckDuckGo (DDG) is OWNED by Google, therefore it is NOT private.

Startpage uses Google heuristics.

Signal is highly questionable re: privacy.

Mojeek, Freespoke, & Qwant are good search engines that do not track you. Brave is guilty of tracking...BIG time! You should see how much Avast cleans from my computer after using Brave.

👍 3 👎 0 Reply

Josh Ham → NoName4U
a month ago

Where did you find out that DDG is owned by google?

👍 0 👎 0 Reply

Peter Stellas
a month ago

It is interesting and revealing to hear that others, besides me, have been through that "banned for a day" experience after saying something quite innocent in a comment. Mercola mad a lot of noise on the internet hen Chase Bank close his accounts and that of his close associates, yet now he is banning his own readers and customers. Is Dr. Mercola himself controlling that or some sorry member of his staff? Has Mercola changed his whole philosophy of life and allegiance to the U.S.A.? It is difficult to know what is going on. Wealth does corrupt people so maybe this is what we are seeing here.

👍 1 👎 0 Reply

BethC → Peter Stellas
a month ago

I hope someone from CHD will tell Dr Mercola that it seems his email list has been hacked and his devoted readers are having their comments disappear and receiving bizarre and threatening emails after posting positive, respectful, helpful and relevant comments on his site. What a brilliantly-deployed, sinister way the cabal has come up with to alienate his devoted readers, stifle discussion, and diminish or destroy his following.

👍 1 👎 0 Reply

BethC → Peter Stellas
22 days ago

Please see my UPDATE above.

👍 0 👎 0 Reply

r2bzjudge
a month ago

"Most of us would vehemently deny that something as simple as Google search results can manipulate us into thinking a certain way about a topic, yet research clearly shows that this kind of subliminal influence is profoundly powerful."

I don't use Google search xcept on occasion. Sometimes doing a search there are other link descriptions which desparage the site i am looking for. I see those for what they are. Propaganda. It is inverted influence. Various sites have links to other like minded sites, so it is sometimes not necessary to do a search in the first place. At this point, i don't recall specifically how i learned about CHD.

👍 1 👎 0 Reply

Beatrice → r2bzjudge
a month ago

The internet is nothing like it was in the late nineties /early 2000's. I loved being able to research historical and genealogy info but today I can't even get a decent result for a pink hydrangea! Just use the library. I've found it to be much stimulating and exciting and there are always really cool people to meet there too.

👍 1 👎 0 Reply

bornczech
a month ago

Scary.

👍 1 👎 0 Reply

Peter van der Stam → bornczech
a month ago

Yes!! I agree in full and I am going to try to get rid of this outfit.
Your and mine medical files are very important to us and everybody on this planet.
Also what we do is NOT their business
Unfortunately, one of my daughters will think it to be Conspiracy Theory and don't even want to know about it.

👍 2 👎 0 Reply

Beatrice
5 days ago

Everyone and your loved ones should watch this...even those of us who are the most tech savvy.

This is an excellent interview with Naomi Brockwell, my go to for all things related to digital privacy. She has her own utube channel with loads of info but this interview covers all topics and all surveillance devices:

👍 0 👎 0 Reply

HumblePatriot17
a month ago

Above Phone is a Pixel 6, 7, or 8. I believe those are Google Android Phones. I am confused about how a Google phone can be de-Googled. Any ideas? I am not very tech savvy but would love to de-Google myself.

👍 0 👎 0 Reply

Beatrice → HumblePatriot17
24 days ago

Look up Rob Braxman on utube. I'm not tech savvy either but I'm slowly learning. To be honest, I'm so sick and tired of having to worry about this stuff so I don't use a cell phone and keep my computers offline until I need to send something.

👍 0 👎 0 Reply

p. gutierrez
a month ago edited

This is a good article. Thanks for the protonmail suggestion. I think that it is GOOGLE who limit some users as to how much time they can spend on the Internet, before we have to reboot out laptops. I don't believe that is my Internet provider, that limits me to visiting five different websites, before I have to reboot. The nasty security messages 'prove that you are a human', before you can visit some websites is being put out by GOOGLE and YAHOO (not referring to the CHD security login, it is OK). The 'locking up' of Internet sessions after about 20 minutes being on the Internet surfing, is being done by GOOGLE.

YAHOO mail is forcing its users to receive numeric passwords via telephone text messages services, when YAHOO mail users don't request such security checking using their mail services.

👍 0 👎 0 Reply

Beatrice → p. gutierrez
5 days ago

DO NOT EVER give companies your cell number or allow them to text you. I absolutely outright refuse. If someone needs to verify who I am, they must prove to me why a text is necessary instead of a phone call or email.

👍 0 👎 0 Reply

Frank Tillman
a month ago

If you use the worldwide web YOU WILL USE GOOGLE

👍 0 👎 0 Reply

Wendy Allen
a month ago

Facebook and google share information?

👍 0 👎 0 Reply

Beatrice → Wendy Allen
a month ago

Are you serious? Every app on your device shares information. They are in constant communication. When a company tells you that they aren't selling your info, they are lying because as soon as you put their app on your device, it communicates with the other apps and visa versa. The company will tell you that

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